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## Got a glut of courgettes?

Here's some ideas on what to do with them

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If your courgette harvest has been magnificent, you might be wondering now what you're going to do with all those courgettes.

### Set up a swap

Your friends and neighbours might have more than they know what to do with of another vegetable. Give them a box of your courgettes in exchange for a box of other produce.

### Catch them while they're young

Courgette flowers are delicious, and if you eat them at this stage, that's one less courgette to cope with later! [Click here for our stuffed courgette flowers recipe](#)

### Get cooking

Once you've eaten all your favourite courgette recipes, you'll need more cooking inspiration, so here are [five of the best recipes for courgettes](#). And how about something a little bit different? Try [chocolate courgette muffins](#).

We've got lots more ways to cook courgettes, so [click here to see all of our courgette recipes - over 100 of them!](#)

### You might also like...

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